



## Assessment Reporting

**Degree/Cert/Program**

**Delivery Mode:**

**Submitted by:**

**Participating Faculty and Staff:**

**Outcome Assessed:**

**Courses Used:**

**Course or degree outcomes to be added/changed/removed:**

**Course Level Assessments:**

**Findings/Results:**

**Actions/Changes To Be Implemented:**

**Kinesiology for Transfer, Associate in Arts for Transfer**

(Choose one)

R-EUREKA\Marla-Gleave on 5/31/2021

2 - Apply the techniques and principles of the components of fitness and demonstrate knowledge in at least three areas of physical fitness.

PE 10 SLO 1 and 3; PE 12 SLO 2; PE 13 SLO 1; PE 17 SLO 1; PE 27 SLO 1; and PE 32 SLO 3

PE 12, 32, & 27 are all the weight room courses. PE 32 & PE 27 discussion is to review their respective course titles and make title changes to ensure women are not intimidated from enrolling in the courses.

0 courses were not successful at conveying this outcome.

3 courses were generally successful at conveying this outcome.

4 courses were definitely successful at conveying this outcome to most of the students.

6 courses were not included in this report.

The sub-set of PE courses used in this program level assessment used tools ranging from pre/post aerobic fitness improvements to creating goals and logging progressions. Heart rate calculations were also used as a tool to assess this program level outcome.

Even though the data for this program assessment were taken from 2018-2019 reports, dialogue at department meetings consistently occurs. PE instructors do a great job of creating a multitude of assessment tools in all the various PE activity classes and these tools expose students to various forms of fitness testing; teach students various tools to use for tracking and progressing their goals, and teaches/directly applies the principles of exercise and movement during each and every class period. The KINS degree offers a variety of PE activity course options to allow the KINS major to choose areas of their interest.

One area of continual dialog is to add more demonstration testing to the weight room courses in

**Course Mapping:**

2 factors have created a bit of stumbling block in assessing program level assessments: Covid suspended assessments for a couple of semesters and then the addition of ELumen for course level assessments has created a difficulty in sharing course level assessments between instructors. Because of these two barriers, this program level assessment data was taken from course assessments between 2018 and 2019.