

## Mission

It is the mission of the Foster and Kinship Care Education Program at College of the Redwoods to provide quality education and support opportunities to caregivers of children and youth in out-of-home care so that these providers may meet the educational, emotional, behavioral and developmental needs of children and youth in the foster care system.

All training sessions are FREE. Although our target audience is foster/adoptive parents and relative caregivers, our training classes are open to everyone in the community. Childcare is provided for the Saturday classes at some locations but must be reserved in advance. Meals are provided at all classes as well.

**Eureka Classes** take place on the CR main campus in the Humanities Building at night and on Saturdays.

**Del Norte Classes** take place at the Family Connections, 510 W. Washington Street, Crescent City.

For our schedule of classes, go to [www.redwoods.edu/foster](http://www.redwoods.edu/foster).

## About Us

The FKCE program was established in 1984 following the passage of Senate Bill 2003, the Foster Children and Parent Training Fund. This act designated the California Community College Chancellor's Office as the agency to administer the program, which provides funding to community colleges for the provision of education and training to potential and existing resource parents.

The College of the Redwoods FKCE program works with the Humboldt and Del Norte County Department of Health & Human Services, Child Welfare Divisions to provide training and support for the resource families in our county. The FKCE program provides caregivers with continuing education and training on topics such as understanding attachment and bonding, helping children who have experienced trauma, impacts of grief and loss, positive discipline methods, advocating for children in the education system, and working with child welfare.



### Foster & Kinship Care Education Program

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Like us on FACEBOOK at Foster Kinship Care Education Program-College of the Redwoods.

## Foster & Kinship Care Education Program



*Because it's never too late  
to make a difference!*



## Pre-Service Classes

### Resource Family Approval (RFA) Training

This 12-hour training provides basic training required for those who wish to become foster/ adoptive parents. This program is a unified, family-friendly, and child-centered approval process for:



- Licensing of foster family homes;
- Approval of relatives and non-relative extended family members as foster care providers or legal guardians; and
- Approval of adoptive families.

#### Receive training and education on:

- Accessing Health Services
- Discovering Community Resources
- Understanding Foster Care & the Child Welfare System
- Appreciating Special Needs of Foster & Kinship Children

In addition, RFA will provide greater support to relative and non-related extended family member caregivers, reduce placement moves and improve the permanency process.

### Infants in Care Class

Infants in Care is a required preservice class for any foster parent who plans to care for an infant under the age of three. Often, many of the infants who come into foster care were exposed to addictive opiate drugs or alcohol while in the mother's womb. A trained facilitator will provide in depth instruction on ways to care for infants who may suffer from Neonatal Abstinence Syndrome (NAS), Fetal Alcohol Spectrum Disorder (FASD), as well as caring for an infant born premature.

## In-Service Classes

### Adoption Support and Resources

This class is designed for families that are thinking about becoming adoptive parents, in the process of becoming adoptive parents, or already are an adoptive family. The facilitator has many years of experience as an adoptive liaison, working with pre and post adoptive families, birth families, and Kinship providers. If this subject applies to you, please come and check out this amazing class and meet other adoptive parents. This class is offered quarterly.

### CPR & First Aid



Learn how to take care of your loved ones or any others in need should an emergency, accident or injury occur. Learn how to save a life. The trainers show you how to do dressings, help stop bleeding, basic arm slings, help save a drowning victim, and other simple emergency tips. Trainers are certified by the American Red Cross. The CPR/First Aid class is free to the public on a first come, first served basis. FKCE provides certificates of completion which are good for two years with the county. You may order the official Red Cross card for an additional amount.

### Dad's Support and Resources

Monthly meetings will be hosted by Jim Nielsen, usually the first Tuesdays of the month from 6:00-9:00pm. The meeting will provide Foster and Adoptive dads a safe place to ask questions and share techniques that other dads use to raise children.

## Special Training

### Love and Logic



Love and Logic parenting is a cornerstone for any parent wanting a practical, no-nonsense approach to parenting. Come learn how to talk to your kids so they will listen, learn and change behavior. Learn the most effective style and logical formulas you can use to teach your child personal success. This curriculum is comprehensive, fast-paced, fun and it makes sense! In-class problem solving will help you apply the model to your situation. This 3 week course is offered quarterly on Wednesday nights.

### Kinship Support and Resources

This regular class focuses on the issues relative caregivers are faced with as they raise their family's children. Family dynamics, school advocacy, working with the system, and obtaining necessary resources are some of the topics covered. Located in Del Norte, these classes offer support and resources to family members who are caregivers, or who may be concerned about the children, and wondering what is possible.

### Commercial Sexual Exploitation of Children (CSEC) Awareness Training

CSEC is a form of human trafficking happening around the world that occurs when an individual buys, trades or sells sexual acts with a child. This training is about raising awareness, recognizing the dynamics, identifying the vulnerabilities, and identifying CSEC warning signs. Most importantly, you will learn how foster and kinship home care intersects with CSEC.