

## Remember to bring ...

- \* Immunization (shot) records
- \* Medi-Cal card
- \* Any available health records
- \* List of questions and concerns
- \* Monthly Health Update Form (provided monthly from CWS or the Probation Department)

## Follow Up Appointments:

If the medical/dental exams show a need for further diagnostic services and/or treatment, it is important to follow the advice given. Medi-Cal Health Insurance covers children in Foster Care.

## WIC — Women, Infant & Children Nutrition Program

Children under the age of 5 who are entering foster care may be eligible or already enrolled in the **WIC** program.

For information regarding **WIC** please call:

Eureka 445.6255

Garberville 923.2779

UIHS WIC 1.800.675.3693

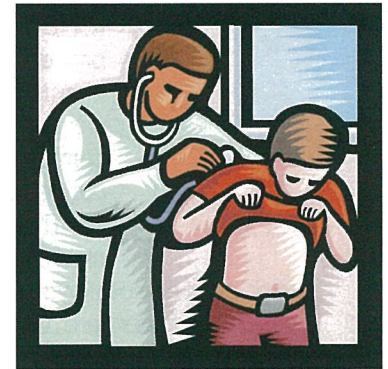
## *The Health Care Program for Children in Foster Care Public Health Nurse Offers the following services to Foster Parents and Social Workers:*

- Answers your questions and concerns about health needs of your child in foster care.
- Provides names of doctors and dentists who accept Medi-Cal.
- Follow up on conditions found On CHDP examinations.
- Make referrals to resources for other health care needs.
- Assist with transportation and scheduling for medical/dental Appointments.

Humboldt County Dept. of Health and Human Services  
Public Health Branch  
MCAH Division  
Child Health and Disability Prevention  
Health Care Program for Children in Foster Care  
1.800.698.0843 CHDP  
707.445.6180 CWS

Americans with Disabilities Act: The County does not discriminate on basis of disability in services, programs, activities or employment. Persons with disabilities requiring special assistance or accommodations contact the CHDP offices at (707) 445-6210.

## Medical and Dental Check-Ups for Children in Foster Care



Humboldt County Department of Health & Human Services

**Child Health and Disability Prevention Program (CHDP)  
Health Care Program for Children in Foster Care (HCPCFC)**

**Call a Health Care Program for Children in Foster Care  
Public Health Nurse  
445.6180  
Or CHDP  
445.6210 or 1.800.698.0843**

## CHECK- UPS FOR CHILDREN IN FOSTER CARE



Children in foster care need regular medical & dental check ups.

The Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and correct health problems early in life. These well child check-ups

are given at no cost to you because your child in foster care has Medi-Cal Insurance.

Regular visits to a health care provider are a required part of the care you give your child in foster care and the first one must be scheduled within 30 days of placement.

Often children in foster care have had little or no health care and may have more health problems than other children. Frequently they have problems you cannot see.

A health problem found and treated at an early stage is easier to correct, saves on medical costs, and may prevent serious problems later on.

## YOUR CHILD'S HEALTH CHECK-UPS WILL INCLUDE:

- A growth, developmental, and family history
- An und clothed head-to-toe physical examination, including an oral screening for dental problems
- A record of height and weight
- A review of eating and dental habits
- Hearing and vision screening
- Necessary immunizations
- Blood and urine tests and a check for tuberculosis
- Answers to your questions and an explanation of the results of the check-up.

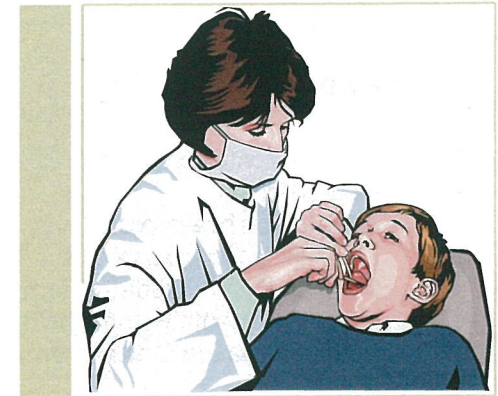
**SIX** check-ups are needed during the first year of life:

Under 1 month	5 - 6 months
1 - 2 months	7 - 9 months
3 - 4 months	10 - 12 months

**TWO** check-ups are needed during the second year of life :

13—15 months	16 - 23 months
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**Annual** check-ups are needed between 2 and 19 years of age.



*For healthy smiles...*

## DENTAL CHECK-UPS ANNUALLY...

Children in foster care may receive dental services at any time treatment is needed. Dental examinations are required annually beginning at age three.

Children in foster care are also eligible for and required to receive annual physical examinations. If you need assistance with scheduling a medical appointment, contact the Humboldt County Foster Care Nurse.

For assistance call **445.6180**

Or CHDP

**445.6210 or 1.800.698.0843**